

Elite Player Training

AAA eligible players will perform tasks at high levels of speed. Players will be evaluated throughout the program to prepare for future elite teams.

Friday, August 20 & 27

Atom & 1st year. Pee wee

9:30am – 11:30am

2nd year. peewee & Bantam

12:30pm – 2:30pm

4 hours on-ice

Off-ice training

Edge jersey

Cost: \$130.00



Elite Player Training

Skills & Game Play

Player's must excel in skills, tactics, physical ability, and mental acuity. Therefore, it's in the players' best interests to include skills along side game play.

Monday-Thursday, August 16 –19

Atom/1st year Pee wee

7:45am-11:45am

2nd year Pee wee/Bantam

12:00pm – 4:00pm

10 hours on-ice

Off-ice training + Classroom

Edge jersey

Cost: \$290.00

Drills & Variable Goal Training

Game simulation drills. Variable Goal Training develops advanced skating, stick handling, and puck protection.

Monday-Thursday, August 23 – 26

2nd year Pee wee & Bantam

7:45am-11:45am

Atom & 1st year Pee wee

12:00pm – 4:00pm

10 hours on-ice

Off-ice training & Classroom

Edge jersey

Cost: \$290.00



2010 Summer Hockey Programs Cavendish Farms Wellness Centre

Montague, PE

Director of Programs



Paul Flannigan

Open to Male & Female.
Website: www.theedgesports.ca
Email: info@theedgesports.ca
Mail to: 15 Towerwood Drive
Stratford, PE C1B 1J5
(902)367-1373

Coaches

Paul Flannigan

Paul is a certified mentor coach and attended the Advanced Level Clinic in Fredericton in 2003. He has thirty years coaching experience at the minor hockey level, directing teams and individuals from Initiation to Bantam AAA.

Harry VandenBroek

2009-2010 Coach, Jr B Down East Auto Marine Maniacs, Island Junior B Hockey League

2008-2009- Assistant Coach- University of Western Ontario Mustangs, London, Ontario

2008 - OHL/OHF - Under 16 Program of Excellence Select Hockey Program

Allister Smith

2006-2009 - Level 2 Coach of Kings County Midget AAA.

2005-2010 - Master of Science in Kinesiology with a concentration in Sport Psychology.

Joey Robbins

2004-2008- Level 2 coach for the Sherwood and Charlottetown AAA levels

4 years of Jr. Hockey - Member of Middlesex Mustangs. Member of the OHL Windsor Spitfire player development program.

Jeff Ellsworth

2004 -2009 – Coached 15 years of Pee Wee, Bantam, Midget AAA, and female levels.

Developed hockey schools in Western PEI.

Level 2 hockey coach
Level 3 theory

Skills & Game Play

Today's player must excel in skills, tactics, physical ability, and mental acuity. As hockey is a team game, the player, if he/she is to be effective, players must have the ability to **think in cooperation with teammates**, either in attack, defend, or loose puck situations.

Drills & Variable Goal Training

Today's game enables players to play with high levels of speed with extended periods of puck possession. Variable Goal training allows players to develop split vision and quick responsive time when attacking an opponent. Puck handling, skating, balance, agility, and puck protection, are all major factors when incorporating nets into advanced learning tactics.

Elite Player Training

AAA eligible players will perform tasks at high levels of speed. Our mission is to develop players for to help players understand the game of hockey. We have high endurance program for players so they can think and play the game at an advanced level.



Registration Form

Player's name: _____

Age: _____

Male/Female: _____

Position(s): _____

D.O.B (M/D/Y) _____ / _____ / _____

2009/2010 division: (eg:Atom) _____

First or Second year _____

Level (A,AA,AAA): _____

Team: _____

Camp: _____

Preferred week: _____

Address: _____

Postal Code: _____

City/Prov _____

Mother's name: _____

Father's name: _____

Home phone: (____) _____

Cell Phone: _____

Email: _____

Secondary
Contact: _____

Phone number: _____

Allergies: _____

**Mailing Address: 15 Towerwood Drive
Stratford, PE
C1B 1J5**